

CHALLENGES

CONCEPT2.COM/CHALLENGES

#c2challenge 800.245.5676



01 // JANUARY

JAN 1-31

JANUARY REVOLUTIONS CHALLENGE

Choose your goal and set your New Year's Resolution.

JAN 1-31

VIRTUAL TEAM CHALLENGE

Team members row, ski or ride as many meters as they can.

02 // FEBRUARY

FEB 1-28

TOUR DE SKIERG

A different SkiErg event each week.

FEB 1-28

MILITARY CHALLENGE

Select your military affiliation and row, ski or ride as many meters as you can.

FEB 9-14

VALENTINE CHALLENGE

Row, ski or ride 14,000 meters.

03 // MARCH

MAR 1-31

MUD SEASON MADNESS CHALLENGE

Row, ski or ride 5000 meters or 10,000 meters per day (2500 for kids and adaptive athletes) for 25 days or more.

MAR 8

INTERNATIONAL WOMEN'S DAY CHALLENGE

Row, ski or ride 5000 meters (10,000 on the BikeErg) to raise money for charity.

MAR 8-12

WORLD ROWING VIRTUAL INDOOR SPRINTS

A worldwide virtual 1000 meter RowErg race.

MAR 15-APR 15

WORLD ERG CHALLENGE

Team members row, ski or ride as many meters as they can.

04 // APRIL

continued...

MAR 15-APR 15

WORLD ERG CHALLENGE

Team members row, ski or ride as many meters as they can.

APR 1-15

APRIL FOOLS' CHALLENGE

Row, ski or ride an increasing distance each day.

05 // MAY

MAY 1-15

MARATHON & CENTURY CHALLENGE

Row or ski a half (21,097 meters) or full (42,195 meters) marathon. Ride a half (50,000 meters) or full (100,000 meters) century ride.

06 // JUNE

JUN 19

JUNETEENTH CHALLENGE

Row, ski, or ride at least 1900 meters to raise money for racial justice organizations.

JUN 21

SUMMER SOLSTICE CHALLENGE

Row, ski or ride a combined 21,000 meters in one day. On water and on snow meters allowed.

07 // JULY

JUL 5-9

BIKEERG WORLD SPRINTS

A worldwide virtual 1000 meter BikeErg race.

08 // AUGUST

AUG 1-28

DOG DAYS OF SUMMER CHALLENGE

A different total distance goal each week for a total of 100,000 meters (50,000 for kids and adaptive athletes). On water and on snow meters allowed.

09 // SEPTEMBER

SEPT 4-10

WOD WEEK

Complete the Concept2 Workout of the Day on at least five days of WOD Week.

SEPT 15-OCT 15

FALL TEAM CHALLENGE

Team members row, ski or ride as many meters as possible.

10 // OCTOBER

continued...

SEPT 15-OCT 15

FALL TEAM CHALLENGE

Team members row, ski or ride as many meters as possible.

OCT 25-31

SKELETON CREW CHALLENGE

Row, ski or ride a combined 31,000 meters (10,000 for kids and adaptive athletes).

11 // NOVEMBER

NOV 9-12

SKIERG WORLD SPRINTS

A worldwide virtual 1000 meter SkiErg race.

NOV 23-DEC 24

HOLIDAY CHALLENGE

Row, ski or ride at least 100,000 or 200,000 meters (50,000 for kids and adaptive athletes).

12 // DECEMBER

continued...

NOV 23-DEC 24

HOLIDAY CHALLENGE

Row, ski or ride at least 100,000 or 200,000 meters (50,000 for kids and adaptive athletes).

PARTICIPATE IN CHALLENGES ALL YEAR LONG:

Annual Meters Honor Boards

Million Meter Clubs

Kids' Distance Clubs

Individual Marathon

Occasional Surprise Challenges

Log your meters in the free Online Logbook at

concept2.com/logbook

and earn prizes and/or certificates of achievement.

NOTE: BikeErg meters count as half when applied to challenges.

